

Farleigh Hospice's

Walk for Life



Sunday 10 May 2026

Information Pack

farleighhospice.org/walk



It is because you care that we can

www.farleighhospice.org   

Registered Charity No. 284670

Registered with



FUNDRAISING
REGULATOR

Thank you for signing up to the Farleigh Hospice Walk for Life 2026!

We are so grateful that you are joining us for this special event on Sunday 10 May 2026. By participating, you are making a huge difference to local families who need us most. Please read through the following information to help you have a fun, safe and memorable day while raising essential funds for Farleigh Hospice.

Get ready to walk!

- **T-shirts:** Your registration fee includes a Farleigh Hospice t-shirt! You are welcome to collect this from the hospice in advance between 22 April and 6 May. Our reception will be staffed on weekdays between 9am and 4pm. Otherwise, your t-shirt will be available to collect when you sign in on the day of the walk.
- **Walker numbers:** Your walker number will be issued at registration, to be completed and displayed on your front.
- **Refreshments:** If you'd like to enjoy some refreshments, please bring along some cash to purchase snacks or drinks.
- **Bring your dog:** We love dogs! Just make sure they are well-behaved, always kept on a lead, and that you clean up after them.
- **Weather:** It's always a good idea to be prepared for any weather, so dress appropriately and wear suitable footwear!
- **Health and safety:** By registering, you confirm you are medically fit to walk.
- **No pushchairs or wheelchairs:** The route is mainly off-road and made up of some narrow, unmade footpaths, so is not suitable for pushchairs or wheelchairs.

Start points and transport

For pre-booked coach transfers only
Teledyne e2v car park, CM1 2QU.
Use what3words [///given.asset.cities](https://www.what3words.com/#!/given.asset.cities)

If you've booked coach transport, please sign in at Teledyne e2v. From there, a coach will take you to your starting point (Heybridge Basin or Paper Mill Lock).

For those walking to Teledyne e2v, use one of the designated footpaths via Cromar Way. Pedestrian access is not allowed via the vehicle entrance.

Coach timetable

Route	Sign in time	Coaches leave between
Heybridge Basin 24km	8am - 8.30am	8.30am - 9.15am
Paper Mill Lock 12km	8.30am - 10.15am	9am - 11am

When booking your coach for Paper Mill Lock you will have been asked to select a wave time. This cannot be changed on the day so please ensure you arrive in time for your allocated wave of coaches. You will receive an email the week before the event with a reminder of your booking details.

Please note that if you are bringing a dog, only certain coaches will allow them on board.

Coaches will be leaving at regular intervals but please be mindful that you may have to wait for a coach to return before boarding. Food and drink will be available whilst you wait and we really appreciate your patience.



Paper Mill Lock, CM3 4BS. 12 km route.

Use what3words [///polishing.cosmic.apples](https://www.what3words.com/polishing.cosmic.apples)

Sign in from 9.15am. Walk starts between 9.30 and 11.30am

If you are making your own way there, please note that the large car park at Paper Mill Lock is very likely to be closed, and there is very limited parking and space for drop offs.

Heybridge, Daisy Meadow car park, CM9 4RW. 24km route.

Use what3words [///masks.gathers.water](https://www.what3words.com/masks.gathers.water)

Sign in from 8.15am. Walk starts between 8.30 and 10.00am

Please note Daisy Meadow Car Park now charges for parking. Pay by contactless, RingGo app or phone the RingGo payment line.

When you arrive at your start point, please ensure you sign in with our friendly volunteers to receive your walker number.

During the walk

- **Hydration:** Keep yourself hydrated! Please bring your own water bottle to refill at each checkpoint, as we are working to reduce our plastic usage.
- **Toilets:** Toilets will be available at Heybridge Basin, Paper Mill Lock, Sandford Lock, and Teledyne e2v car park.
- **Litter:** Please be respectful of the environment by disposing of your litter responsibly. We will have rubbish and recycling bags available along the route.
- **Stay on track:** Follow the sign-posted route and listen to the marshals' instructions to ensure everyone's safety.
- **Need to leave early?** If you need to leave the walk at any point, please call the Events Team on **07866 935496**
- **Stay visible:** Make sure your walker number is clearly visible on your clothing so our marshals can easily spot you.
- **Publicity:** By taking part, you confirm that you are happy for any footage or photographs taken during the event to be used to publicise Farleigh Hospice including on our website, in media coverage and on social media. **Please post photos and videos from your day on your own social media using the hashtag #FarleighWalkForLife**



Safety tips

- **First aid:** We will have first aid support available should you need it.
- **Route difficulty:** Some paths are narrow and unmade, so please be patient with fellow walkers—overtaking may not be possible in some areas.
- **Pushchairs and wheelchairs:** Due to the nature of the route, unfortunately this walk is not suitable for pushchairs or wheelchairs.

At the end of the walk

- **Exit:** When you are leaving Teledyne e2v car park, please use the pedestrian footpaths via Central Park, Cromar Way, or Meteor Way.
- **Pick-up:** If someone is picking you up by car, they can access the Teledyne e2v car park to collect you.
- **Please note we do not offer any transport back to either of the start points.**

Sponsorship money

- **Online fundraising:** Any money you raise online via Enthuse or JustGiving will be sent directly to us.
- You can also donate directly via our website at [farleighhospice.org/donate-online](https://www.farleighhospice.org/donate-online) or by calling 01245 457351.
- **Offline donations:** Please send them along with your sponsorship forms to

FREEPOST RRLJ-BKTZ-ACEH, Farleigh Hospice, North Court Road, Chelmsford, CM1 7FH

- Please make sure all payments are clearly labelled with your name and **Walk for Life 2026**
- **Deadline for sponsorship:** Please ensure all sponsorship is submitted by 26 June 2026.

Changes to the event and cancellation

- **Event adjustments:** While we do our best to keep the event as planned, Farleigh Hospice reserves the right to alter event logistics, including the route and start times.
- **Weather and postponement:** In case of severe weather, it may be necessary to cancel or postpone the event. If that happens, we will notify you via email and our social media channels.

Important reminders

- Fundraising is at the heart of this event. The more you raise, the more we can do for local families who rely on Farleigh Hospice's care and support. Even after the walk, you can continue fundraising - every little bit helps!
- We want everyone to have a safe and enjoyable experience, so please be mindful of other walkers. It is your responsibility to follow any safety guidelines along the way.
- Farleigh Hospice are under no liability whatsoever in respect of any personal loss or injury which may be sustained during this event.

Frequently asked questions:

Can I register on the day?

Yes, if friends or family want to join you, they can register at Heybridge Basin (8.30 am - 10.00 am) for the 24 km route or at Paper Mill Lock (9.30 am - 11.30 am) for the 12 km route. Please note that **Teledyne e2v** is not a registration point.

Where can I park?

Parking is very limited, especially at Paper Mill Lock. If possible, please arrange to be dropped off, car share or use public transport.

If you have booked a coach, there is sufficient parking at Teledyne e2v. If this gets full, alternative parking options are available at **Meteor Way car park** (free) and **Coval Lane car park** (£3.50 for all-day parking).

Will there be food?

Yes, refreshments will be available for purchase at **Teledyne e2v car park** and **Paper Mill Lock's café**. We do also recommend you bring snacks and a refillable water bottle for the route.

How long will the walk take?

The time it takes depends on your pace, but we estimate it will take approximately **5-6 hours for the 24 km** walk and **2.5-3.5 hours for the 12 km** route.

Can I bring my dog?

Yes, dogs are welcome, but please ensure they are kept on a lead and that you clean up after them.



And don't forget...

Every step you take and every pound you raise makes a real difference in the lives of those who need it most. Thank you for supporting Farleigh Hospice and for being part of this incredible event.

Together, we can walk for life, and together, we can make a difference.

We can't wait to see you on **Sunday 10 May 2026**. If you have any questions, don't hesitate to get in touch with us at **01245 457411** or via email at **events@farleighhospice.org**

