



**Farleigh
Hospice**

It is because you care that we can
www.farleighhospice.org



The Lantern

No. 101 Spring 2021



Farleigh Hospice Heroes



News and stories from across our community

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Welcome to issue 101 of The Lantern

A challenging 2020 ended with personal sadness for Farleigh when we heard of the passing of Keith Andrew, a previous Farleigh Board Chair. Keith was truly committed to developing local hospice services and we are forever indebted to his dedication. We will stay connected with Keith's family and hope to join them in paying tribute to him in a memorial service in the summer when restrictions allow.

We've begun 2021 with a sense of optimism and pride at how we have all adapted to such exceptional circumstances. The theme at Farleigh this spring is one of celebration. Celebrating our amazing care teams who have worked so hard to pandemic-proof our services. Not all superheroes wear capes – ours wear burgundy scrubs and we celebrate their amazing achievements in our latest appeal, Farleigh Hospice Heroes.

Our ability to be flexible and switch our services to provide more care at home and virtual support is demonstrated in our story about Sarah Glew, in this piece she shares with us how our virtual services helped her.

We are passionate about supporting good end of life care and our education team continues to provide excellent training programmes not just for our Farleigh clinicians, but also for other healthcare professionals and care staff. Earlier this year they achieved a training first, delivering their biggest virtual training course for 67 members of the East of England Ambulance Service NHS Trust.

We've held some fantastic virtual fundraising events recently. Our Sit Up Challenge raised over £36,700 and our Festive 5k raised £10,000 - thank you to all who took part! Our first ever virtual bingo and comedy night events were huge successes, raising over £2,500 between them and lifting our spirits during lockdown.

There is light at the end of the tunnel and we were excited to reopen our shops on the 12 April in accordance to government guidelines.

Thank you for your continued support, without you none of what we have achieved would be possible.

Alison

Alison Stevens, Chief Executive



COVID-19 and bereavement – the impact

The coronavirus pandemic dramatically affected how hospice care can be delivered. In March 2020, we made the difficult decision to move all of our services to in-home and virtual care. This enabled us to continue to deliver the same level of support for our patients and their families in a safe way.

For the Glew family, COVID-19 struck at an incredibly difficult time. The family were fighting their own battle with Andy's brain cancer. As the country went into its first lockdown, Andy's care was moved from inpatient care to our virtual ward system and he received daily at home care from the Farleigh nursing team in the final weeks of his life.

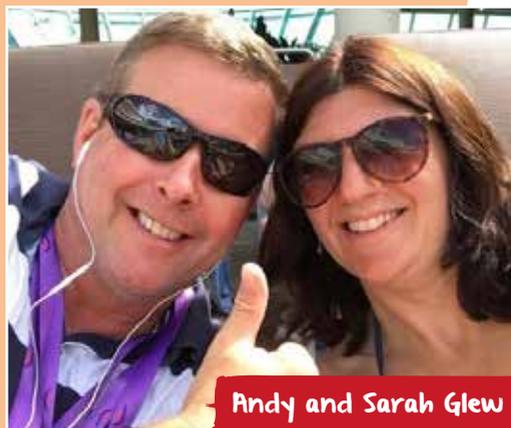
As Andy was receiving home care, Sarah could be with him in his last moments. Sarah says: "The team at Farleigh Hospice did a fantastic job of adapting their services to the circumstances and ensured we had the care and support that we needed."

Shortly after Andy's passing, Sarah was referred to Farleigh's Circle Adult Bereavement Support service. Due to the pandemic, face-to-face services were replaced with telephone and Zoom counselling sessions.

Sarah says: "The course helped me accept the loss we had suffered and helped me to grieve. COVID-19 didn't change the

counselling I received, it was just delivered in a different way. To anyone who is reluctant about undertaking virtual counselling, I'd say, put your reservations aside and try it. The benefits far outweigh the initial awkwardness. I wouldn't be handling things as well as I am now without the support of Farleigh's bereavement counselling."

For more information please contact us on **01245 457308** or visit our website **[farleighhospice.org/bereavement](https://www.farleighhospice.org/bereavement)**



Andy and Sarah Glew

What the Memory Tree means to me

by Pauline Harvey-Jones

Our Memory Tree is a striking sculpture in our garden and offers a meaningful way to pay tribute to the memory of someone special. Here our Commercial Director, Pauline Harvey-Jones tells us what the heart she has on the tree in memory of her mum means to her:

"As part of the team who looked at having the Memory Tree installed, I had thought it was beautiful from the moment it was in the garden. It's strong and gentle all at the same time.

"My mum had vascular dementia and the deterioration was quite a fast journey for her and us as a family. We lost mum quite suddenly in July 2019. Although mum had not received any direct care from Farleigh, I received lots of support and information from the team on managing and supporting someone with dementia, along with advice on palliative care. It made complete sense to remember mum with a special heart on such a beautiful, strong but gentle tree in the hospice garden.

"It's a place which always feels peaceful, a quiet place to visit and remember the person you love. Mum loved to make a joke and I often sit there smiling, remembering special times with her."

"Having a heart on the tree gives me comfort, and knowing that the small amount I pay monthly is helping our clinical team support many people, in many ways across our community is wonderful."

For more information on how you can remember a loved one with Farleigh Hospice visit **[farleighhospice.org/memory-tree](https://www.farleighhospice.org/memory-tree)** email **tribute@farleighhospice.org** or call **01245 457411**



Staff spotlight: Mark Palmer, Facilities Manager

Our spotlight feature showcases the roles of the people behind the scenes at Farleigh who ensure the smooth running of the hospice.

In this issue we spoke to Mark Palmer our facilities manager:

Mark has been with Farleigh for 17 years and manages the domestic and maintenance teams as well as overseeing the health and safety of all Farleigh sites including the retail stores.

An associate member of the water management society, Mark is also a yellow belt practitioner of Lean Six Sigma and a member of the Farleigh Lean Group which focuses on efficient working practices, saving money and improving efficiency wherever possible.

He is also Farleigh's environmental lead, heading up the Green Group, a working group focused on ensuring Farleigh operates in an environmentally friendly way.

What do you like most about your job?

Mark says: "Working at Farleigh brings me a huge amount of job satisfaction. Although I am not a patient-facing member of staff, what I do directly helps patients and supports our clinical staff and knowing that I have made a difference to them is incredibly rewarding."



He goes on to say: "When I first started at Farleigh it was just myself and the gardener who maintained the building and the grounds. As the hospice grew, our structure changed and we had to hand over the care of the gardens to our volunteers. Our volunteers do a fantastic job of keeping our gardens looking lovely so they can be enjoyed by patients and their families. We regularly receive compliments about how great the garden looks, so I'd like to take this opportunity to say a big thank you to all the volunteers who keep them looking their best."



What is a typical day for you?

"No two days are the same for me. At the moment my job is even more varied than usual as I am managing a number of new things as a result of the pandemic such as working with IT to digitise our facilities management systems for example, our health and safety risk assessments. I am also working with the retail managers to prepare for the reopening of the stores as well as undertaking maintenance work within our inpatient unit (IPU) ahead of its reopening. This includes working with the clinical teams to identify any new equipment that is required."

How has your role changed as a result of the pandemic?

"I am responsible for making sure that all Farleigh Hospice sites are COVID-19 safety compliant. Our risk assessment process has changed to reflect the new risks that the pandemic has created. I am also now part of a team responsible for the fit testing of all FFP3 masks for our nurses. These masks have to be checked prior to use to ensure they provide full protection when going into patients' homes."

Interesting fact about Mark: He used to play rugby for Maldon and used to participate in Equestrian Cross Country.

The challenge is on - get nifty with your fifty!

Registration for our annual £50 challenge is now open! We're calling on businesses and organisations across mid Essex to put their entrepreneurial skills to the test in aid of Farleigh Hospice!

Sponsored by Birkett Long LLP, the challenge is simple - participants will be given £50 and six months to raise as much money as possible. Running from the 1 April to the 30 September, the challenge is open to businesses, groups or organisations of any size. Participants can sign up at any point over the next six months, as long as it's before the closing date of the 30 September.

The aim of the challenge is for participants to grow their £50 into hundreds, or even thousands through their own fundraising activities. Sponsors Birkett Long will donate the initial £50 and Farleigh will provide fundraising materials and ongoing support. Participants have complete flexibility in what they do to raise money. Activities can be virtual or face to face, depending on the pandemic restrictions at the time.

Birkett Long Associate and Marketing Manager, Jennie Skingsley said: "Birkett Long LLP is celebrating its 200th anniversary in 2021, so we are delighted to be supporting Farleigh Hospice's £50 Challenge again this year. For us, it's not



just about knowing the law, it's also about the impact we have on our communities. For as long as we can remember, our community has been at the heart of our business. Farleigh is at the heart of its community, so joining forces just makes sense!"

This year's challenge is celebrating the amazing work of the Farleigh Hospice nurses who have been working on the frontline of the pandemic.

The money raised will go towards supporting Farleigh nurses like Amelia.



"My name is Amelia and I am a Community Nurse Specialist (CNS). I have been working for Farleigh Hospice for seven years and I help people who have been diagnosed with a life-limiting illness manage their symptoms and coordinate their care, now and in the future. I am part of a team of dedicated nurses who work 24 hours a day, seven days a week to provide physical, emotional and spiritual care for our patients. We work alongside Farleigh's Hospice at Home Team, who provide

"I wanted to say 'Thank you' for the wonderful care my Mum received from all at Farleigh. Many people were involved ... there are so many and you are all amazing. You cared for my mum with kindness, honesty and dignity throughout and I will always be incredibly grateful for that. Her wish was to be at home and I'm pleased we were able to give that to her."

Deborah Estcourt

personal care and emotional support for our patients as well as their family and friends. I love being a Farleigh nurse, every day is different and it's a real privilege to be welcomed into someone's home at such a difficult time."

Sign up for the £50 challenge on the Farleigh Hospice website farleighhospice.org/50

Farleigh Hospice Heroes adapt to meet new challenges

It's been a year since our lives changed forever. The coronavirus pandemic has dramatically affected how hospice care can be delivered. Our heroic team adapted quickly to ensure we could deliver the vital services we provide.

Our latest appeal, Farleigh Hospice Heroes, celebrates the amazing work of our care teams. With referral rates increasing by more than 18%, our Farleigh Hospice Heroes have worked around the clock to pandemic-proof our services.

Not all superheroes wear capes, ours wear burgundy scrubs and have done a phenomenal job during some very challenging times. From April to December 2020 your Farleigh Hospice Heroes':

- On average undertook 1,000 home visits every month
- Provided 1,718 hours of bereavement support across both Circle adult and Yo-Yo children's bereavement services
- Cared for 1,367 patients in just eight months!

If one of our team has made a difference to you or someone you love, please nominate them as your Farleigh Hospice Hero along with a donation to help us continue to provide care and support to those with life-limiting illnesses.

You may have already received our mailer with a nomination card for you to send your message of thanks along with a donation. If you haven't, you can make your nomination on our website: farleighhospice.org/hospicehero

The thank you cards will be displayed at the sites in Chelmsford and Maldon as a special tribute to all of the Farleigh Hospice Heroes hard work during the pandemic. Everyone who donates will receive a Farleigh Hospice Heroes magnet to remember their nominee's heroic efforts during the past year.



What is our virtual ward?

In order to minimise the risk of infection during the pandemic we acted swiftly to change how we deliver care.

What is our virtual ward?

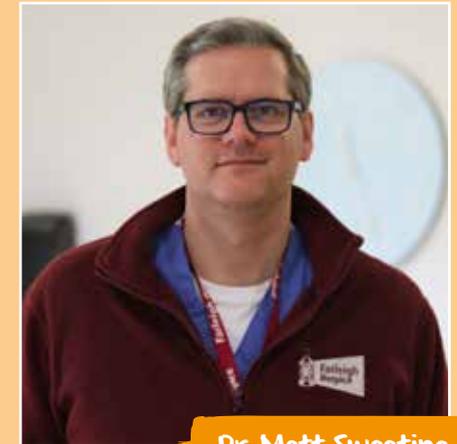
In December we began trialling a virtual ward model as our inpatient unit (IPU) closed due to the second wave of the pandemic. So, what is a virtual ward?

Our Director of Care, Matt Sweeting explains this new care model:

"We learned from the first wave of the pandemic that people wanted to be cared for at home and spend time with their loved ones without the restrictions present in hospital and care home settings. In response, we created our virtual ward model."

"Our virtual ward provides an enhanced level of care, but in the comfort of patients' homes. Patients have the benefit of receiving Farleigh care with their home comforts around them.

"What we have strived to achieve with this is consistency. The healthcare team remains the same for the patient just as it would in the IPU, so that we can meet their needs efficiently without the patient or their family having to retell their story multiple times. Our locality care teams work through the night where needed, providing



Dr Matt Sweeting

specialist care interventions and supporting family members.

"We already have some wonderful accounts of how people have been able to stay at home and be cared for with our 24/7 virtual ward response. I am really grateful to all the clinical teams for making this happen so quickly and ensuring we can deliver patient centred care where people want it."

"We are really proud of how well it has worked and want to continue providing this service when our IPU reopens in the summer. Our vision is to provide wraparound services that can support both at home and inpatient care. We will be looking to source new revenues for funding so that we can make this vision a reality."



Do something extraordinary!

Be part of #TeamFarleigh



Looking for a challenge this year? We're looking for 100 individuals who want to do something extraordinary in 2021.

Join #TeamFarleigh and you can climb a mountain, free fall from the sky, cycle across continents, trek Mount Snowdon at night or pound the streets of our capital in the London Landmarks half marathon.

Our Ultra Challenges offer an additional element of adventure. From the 100km London to Brighton walk to the Thames Bridge Trek, we have something to suit all ambitions. If you want to stay closer to home, you can take on a virtual experience which fits around you and your lifestyle with our Conqueror series of virtual events.

Have a milestone birthday this year? Celebrate with a #TeamFarleigh challenge like Molly Lacey.

Molly decided to make her 18th birthday even more memorable by climbing Snowdon and raising nearly £800 for Farleigh with her sisters Ashlea and Charlotte.

Molly said: "We decided to take on the Snowdon challenge to raise money for Farleigh, as they cared for our Great Aunt Claire, who had pancreatic cancer. Farleigh supported the whole family through a very difficult time and we wanted to give something back. We were originally going to take part in Farleigh's Snowdon at Night, but because of the pandemic it was cancelled. We still wanted to take part and decided to do the climb as a family. It was just beautiful; the views get more incredible as you climb."

If you're inspired by Molly's story sign up for a #TeamFarleigh challenge on our website [farleighhospice.org/events](https://www.farleighhospice.org/events)



Maldon Hockey Club smashes Torch to Tokyo challenge goal!

At the start of lockdown 3.0, Maldon Hockey Club set themselves a challenge to cover the distance between Maldon and Tokyo, a total of 5,917.9 miles. Not only did they reach their mileage goal, they doubled it!

Covering the distance from Maldon to Tokyo and back again, the club covered a total of 11,835.8 miles, raising over £2,000 in aid of the refurbishment project in Maldon.

The collective effort of running, walking, cycling, scooting and even horse riding was undertaken by members of every section of the club from the youngest juniors aged five and up through to seniors. The youngest participant in the challenge, George Harwood, is just five years old and the oldest, Merle Pipe, is 79.

Lead Coach and L2 Captain at Maldon Hockey Club, Karen Wells said: "We know that fundraising has been hard during the

pandemic and we wanted to do something to help. We not only needed a reason to get out and move during this latest lockdown, but also needed something to keep us all connected. As Team GB are set to compete in the Men's and Women's hockey competition in the Tokyo Olympics this year, we thought it'd be a great idea to cover the distance from Maldon to Tokyo by moving in any way we could to raise money to help the hospice. At first, we didn't think we could even cover the distance from Maldon to Tokyo, so being able to cover the distance there and back again is a brilliant achievement."



Maldonian photographer raises over £5,000 in just one week

Wildlife enthusiast and photographer creates sell-out 2021 calendar of her work to raise money for Farleigh Hospice.

Wickham Bishops-based photographer, Paula Wiseman's calendar was such a hit that it raised just over £5,000 within a week of going on sale.

She had people queuing around the block at sale locations and even had demands for a second print run by those eager to purchase a calendar after copies had sold out.

Inspiration for the calendar came from a visit to her former colleague Joy Dorrell's

street stall, which sells donated items to raise money for the hospice. Seeing what Joy was doing motivated Paula to come up with a fundraising idea herself. Paula states: "When I saw what Joy was doing, it made me think 'what can I do?' I went home and came up with the calendar idea. I selected my favourite landscape shots taken during 2020 and within a week, I had placed an order for 400 calendars with my local printer. It was such fun to produce and I am delighted with how successful it has been."

Of Joy, Paula says: "She's amazing! She has raised £3,000 to date from her stall. She is out there rain or shine and always has the biggest smile on her face."

Paula has plans for a 2022 calendar featuring her most popular wildlife shots as voted for by her social media followers.

Want to help? Visit our fundraising page www.farleighhospice.org/fundraise for fundraising ideas.



Paula Wiseman

In memory of Keith Andrew

We were saddened to learn the news of the passing of former Farleigh Hospice Chair of Trustees, Keith Andrew who passed away at the end of 2020.



Keith Andrew

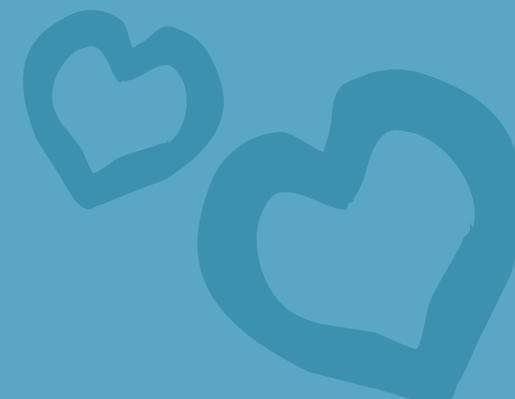
Keith was undergoing treatment for bladder cancer and unfortunately contracted COVID-19 during a stay in hospital. He sadly passed away on the 27 December.

On behalf of the hospice, our current Chair Dr David Blainey pays tribute to a much-loved member of our Farleigh family: "I first met Keith when I joined as Trustee back in 2013. He was the Board chair at the time. He had been associated with, and a strong supporter of, Farleigh Hospice for many years. He was instrumental in raising the finance that built the new Farleigh Hospice, and had been a Trustee for a long time, then Chair since 2012.

His experience, in business and management, Local Government, and the health sector, was evident in all the work he did in support of Farleigh. Whether he was supporting events, running meetings or just interacting with supporters, I will always remember his ability to get the best out of people. He proved the perfect chairman – always willing to listen, but equally able to lead when needed. He was something of a role model, for me at least and I suspect for many others.

Farleigh, along with the many other organisations to which he contributed, will remember him with great affection and respect."

Keith's family will be holding a memorial event in the summer.



Local businesses revamp Farleigh's patio area

Abery Trade Services and Chandler Material Supplies generously donated their time and materials to give our patio area a beautiful makeover.

Last year during the break-in, our outside patio was sadly vandalised. However, two local businesses reached out to us to help. We are incredibly grateful to Abery Trade Services Ltd who have worked hard to make our patio area beautiful again,

as well as to, Chandler Material Supplies who supplied all the necessary materials for free.

Simon Abery, Director, ATS Landscapes states: "As a business we are fortunate to be in a position to be able to give back to our local community and it is something we take great pride in doing. Farleigh do such a great job of providing care for people with life-limiting illnesses across mid Essex. The support they offer for both patients and their families is so valuable. It was a pleasure to be able to help them by creating a relaxing outside space for patients and visitors to enjoy. I'd also like to take this opportunity to thank Charlie Chandler of Chandler Material Supplies Ltd who donated all the materials for this project."

We are incredibly touched by the generous support shown by these two local businesses to come together selflessly to help us, a true illustration of our wonderful community. We can't wait to welcome people back to this beautiful area.



Exciting news about our Farleigh Hospice shops

We're delighted to announce that our stores are now open!

All of our stores reopened for trading on the 12 April in accordance to government guidance for the reopening of non-essential retail. Our shops are now open for sales and donations, but we have introduced a new appointment only system for donations to keep our stores as safe as possible.

We ask that customers wishing to donate call ahead to book a drop off appointment prior to visiting their local Farleigh shop. To find the contact details for your nearest shop visit our website farleighhospice.org/shops

Please do not leave donations outside of our stores at any other time. This is classed as fly-tipping and we have to pay to have them disposed of as they become wet, damaged and can't be used.

In order to ensure our shops are a safe environment we ask that customers are respectful of current social distancing guidelines and wear face coverings when visiting us.

We're also excited to announce that we will be trialling Sunday opening in three of our shops! The trial will be taking place in both of our Braintree shops and in our Broomfield Road store from reopening in April and if the trial is successful, we hope to be able to offer Sunday trading across most of our retail sites in the future.



Festive 5k and sit up challenge

Our supporters got moving for us at the end of last year with our Sit Up Challenge in November and our Festive 5k in December. We've had time to count all the totals so thought we'd give you an update on how much you all raised.

Sit Up Challenge Success!

The Sit Up Challenge in November raised over **£36,700!** We'd like to say a big thank you to the 200 people that took part, you were amazing. Participants completed 3,000 sit ups in 30 days throughout November. Which equates to 100 sit ups a day! It was wonderful to see you all cheering each other on and sharing your stories, tips, videos and photos on Facebook - we hope you kept up your core strengthening once the challenge was over!



Festive 5k

Festive 5K - fundraising Santa would be proud of!

Our Festive 5k was so much fun and raised over **£10,000!** Thank you to all of you who braved the cold December weather to get out there and run, jog, walk or toddle 5k in aid of Farleigh Hospice. We loved seeing the great photos that you sent in and shared on social media of you all in your Santa hats taking part. It really added to the festive feeling!



For more information on Farleigh Hospice challenges please visit farleighhospice.org/events or call **01245 457411**.

Some virtual firsts for the Farleigh Fundraising Team

We got creative during lockdown 3.0 and launched a number of new virtual fundraising events to keep you entertained.

At the end of February, we held our very first virtual bingo night. The evening was a huge success with 84 people taking part via Zoom from the comfort of their living rooms.

The event raised **£575** and a great evening was had by all. Congratulations to our seven full house winners and our four line winners. We'd also like to say a big thank you to Argos who kindly donated gift vouchers for the full house prizes. The night



was such a success that we've had many requests for another one. We hope to be able to organise another bingo night soon, so be sure to check our website for more details www.farleighhospice.org/events



In March we teamed up with Chelmsford's Thursday night staple, The Official Comedy Club, to host our first virtual comedy night. The Comedy Club presented this special show in aid of Farleigh Hospice providing four of their favourite five-star acts to perform for our audience in the comfort of their own homes.

The night was a runaway success with lots of living room laughs and raised £2,000 with 150 households taking part.

The Directors of The Comedy Club Ian and Nicola Franklin, both from Chelmsford, have a special place in their hearts for Farleigh Hospice and put on this virtual show to raise some smiles and lift our spirits, while raising money to help people in mid Essex affected by life-limiting illness.



Farleigh leads the way in end of life education

Our Education Team recently delivered its biggest ever virtual training session on end of life care, hosting a remote course for 67 members of the East of England Ambulance Service NHS Trust (EEAST).

The EEAST asked Farleigh to deliver training to their clinicians on end of life care to improve their knowledge and confidence in this area. Being passionate about supporting a good end of life care, we were happy to share our expertise!

Using our specially designed virtual training suite, we created a programme tailored specifically to the end of life scenarios ambulance clinicians face. Content included elements such as identifying palliative care emergencies and appropriate treatments, Advance Care Planning, identifying when someone is dying and the use of anticipatory medications.

Sue Griffith, Head of Education and Research said "The session was a great success for us. We have been delivering virtual training for a number of years now, but being able to use our technology to reach so many people in one session in the midst of a pandemic was incredibly satisfying. Out of more than 100 paramedics invited, 67 participated - which is just amazing!"

The education team at Farleigh Hospice has over 40 years of palliative care experience between them and provides similar learning programmes to primary care groups such



as: domiciliary workers; care home staff; care agencies and other healthcare professionals including local GPs and pharmacists. Farleigh also supports the teaching of staff at Broomfield Hospital.

For more information on Farleigh Hospice educational programmes please visit: farleighhospice.org/education

Take on a Challenge for Farleigh

Sky Dive

Make 2021 the year you challenge yourself, push yourself to your limits and make memories you will cherish forever, all while raising money for Farleigh Hospice.

Date: Saturday 19 June 2021

Location: Beccles

Cost and sponsorship: £50 registration + £315 minimum sponsorship, or £50 registration + £165 balance if the minimum sponsorship target is not met.

For more information call the Fundraising team on **01245 457411** or by emailing fundraising@farleighhospice.org

Book online on the Farleigh Hospice website farleighhospice.org/skydive or by calling UK Parachuting on **01502 476131**.

Snowdon at Night Challenge

Snowdonia National Park in North Wales is synonymous with beautiful, rugged landscapes and wonderful trekking and outdoor pursuits.

Date: Saturday 7 and Sunday 8 August 2021

Sign up and fundraising options:

Option A (Fundraising)

Pay the registration fee of £49 and pledge to raise a minimum of £290.00 - 80% of which is due 10 weeks before the challenge.

Option B (Self-Funding)

Pay the registration fee of £49 and 10 weeks before the challenge you will be invoiced for the balance of £145. Although this option has no minimum fundraising requirement, we'd love you to raise as much as you can for us!

To book your place visit farleighhospice.org/events/snowdon-at-night

South Coast Challenge

Push yourself with this 100km challenge with the beautiful backdrop of the South Downs National Park. Walk, jog or run as a team or individual. The full challenge is 100km but there are half and quarter options also available.

Date: Saturday 4 and Sunday 5 September 2021

Location: South Downs National Park

Sign up and fundraising options:

- 1. Charity Sponsorship** – you pay a small registration fee, lots of fundraising and we cover the cost of your event place!
- 2. Mixed Funding** – pay half of the event place cost yourself, fundraise a bit less and we pay the balance of the event place cost.
- 3. Self-Fund** – you pay the full cost of the event place - fundraise whatever you want, with no set target or deadline, and there's no cost at all to the charity!

To book your place visit farleighhospice.org/south-coast-challenge

Farleigh Hospice Golf Day

Date: 15 September 2021

Location: Braintree Golf Club, Stisted, Braintree, CM77 8DD

Entry fee: £275 per team of four

Includes:

- 18 holes
- Bacon rolls, tea and coffee on arrival
- Two-course meal, putting competition and Longest Drive with a difference!
- Individual prizes
- Nearest the Pin prizes
- Charity Raffle and Auction!

Register now at farleighhospice.org/events



Our much-loved Cycle for Life event is set to return later in 2021. Register your interest today on our website farleighhospice.org/cycle to be the first to find out when sign up opens and guarantee your place.

Leave a gift in your Will and leave a legacy of care

Over the past five years gifts left to Farleigh Hospice in people's Wills have funded the care for almost one in five of our patients and are vital to allow us to continue to offer the care that we do.

As you plan for the future, after you've taken care of loved ones, leaving a gift in your Will to Farleigh Hospice is a great way to invest in your community and help guarantee the future of hospice care for local people.

Pledging even a small gift will have a big impact on the work we do and will help us

to continue our work providing care and support for those affected by a life-limiting illness across mid Essex.

If you would like to discuss leaving a gift to Farleigh Hospice please call **Alison Jones** on **01245 457346**, email legacies@farleighhospice.org or visit farleighhospice.org/legacies





Volunteer with us

MEET NEW FRIENDS

LEARN NEW SKILLS

BE PART OF A TEAM

GIVE SOMETHING BACK

Speak to us today

about volunteering opportunities

For more information visit
farleighhospice.org/volunteer

Farleigh Hospice, North Court Road,
Chelmsford CM1 7FH

01245 457300

info@farleighhospice.org

www.farleighhospice.org



Charity Registration No 284670

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